



## Emory Radiology Preparation Instructions

*These are preparation instructions are for adult patients (18+). For pediatric patients under the age of 17 please call: 404-785-6078.*

*For additional patient information on radiology exams and procedures please visit [www.emoryhealthcare.org/radiology](http://www.emoryhealthcare.org/radiology).*

*For directions to Emory Radiology sites, please call 404-778-7777 or visit online at: [www.emoryhealthcare.org/radiology/locations/](http://www.emoryhealthcare.org/radiology/locations/)*

### Preparation for Cardiac Tests

#### **For Cardiac PETs**

Arrive 30 minutes early. Wear comfortable clothing.  
No BETA Blocker and calcium channel blockers 24 hours prior to test.  
Do NOT drink coffee, tea, soda, or eat chocolate 24 hours prior to test.  
Do NOT eat, drink, or smoke 6 hours prior to test.  
Any medications approved by scheduling doctor should be taken with water only.

#### **For Cardiac CTs**

(CTA Coronary Preps)  
Arrive 1 hour early to test.  
Do NOT eat 2 hours prior to test.  
No exercise 6 hours prior to test.  
No caffeine (coffee, tea, sodas, or chocolate) for 24 hours prior to exam.  
Take all medications  
Recent Creaton at 60 days if diabetic or if patient has renal disease.  
No Viagra (Men Only) 24 hours prior to test.

#### **Cardiac Scoring and Cardiac Scoring with Lung**

Patients should be 40 years of age or older and should not have had a CT calcium scoring in the last 5 years. Pa  
Patients that have had bypass surgery or stents in their coronary arteries are not candidates for a CT Calcium Score.

#### **Cardiac MRI**

If you have a **PACEMAKER**, you will not be able to have an MRI Scan. **Metallic Implants-** Aneurysm clips and internal devices can only be scanned with a “Documentation of Compatibility”.  
If you are **claustrophobic**: Please bring your own medication but do not take it until instructed to do so. Your medication may not permit you to drive. Please make transportation arrangements if needed.  
Wear metal free clothing and under garments. No pins or metal material in hair.

#### **Cardiac PET**

Water only after midnight.  
No beta or calcium channel blockers for 24 hours prior to exam.  
No caffeine (coffee, tea, sodas, or chocolate) for 24 hours prior to exam.