

# **Post-Transplant Patient Guide**

This guide details what to expect after your transplant

# Cardiovascular ICU

After you receive your precious life-saving lung transplant, you will arrive to the Cardiovascular Intensive Care Unit that specializes in caring for cardio-thoracic surgery patients. You will be cared for by the inpatient lung transplant team, and you may meet your Post Transplant Coordinator at this time.

### Cardiovascular Floor

When you leave the ICU, you will be transferred to the cardiovascular floor where you will continue to be cared for by a healthcare team that specializes in caring for lung transplant patients.

Here is what you can expect:	
	Occupational and Physical Therapy
	Meeting with the Social Work Team
	Dietary/Nutrition Consultation
	Medication overview with a Pharmacist
	Preparing for your stay at Mason House
	Learning how to use your new spirometer
	Teaching from your Transplant Coordinator of how to care for your new lungs

# **During Your Stay**

It is our goal to provide you with the most excellent care. A multidisciplinary team will round 5E and 8E each day, until you are discharged, to discuss your progress. During this time, there may be the possibility that we may need to perform tests to make sure you and your lungs are as healthy as can be.

# Discharge

You will be discharged to the Mason House, or another residence that is close to Emory University Hospital. Keeping you close by makes it easier to care for you as become comfortable with your new lungs. Pulmonary rehabilitation will be an important of your recovery. Your first follow-up appointment will take place shortly after you are discharged. Your Post-Transplant Coordinator will make sure you have all the details. You can also call Emory Transplant Center anytime you have questions or need to reach your coordinator at (855)-366-7989.

### **Additional Items**

If needed, you may also receive Diabetic Education and Bronchoscopy Education.

## **Our Culture of Excellence**

- We are passionate about providing the highest quality care and the best healing environment for our transplant patients during their recovery.
- Walking often after surgery is a necessary part of recovery. Physical Therapy will start as soon as possible to speed up the healing process.
- If at any time you have any questions or concerns, please don't hesitate to notify any of our medical team members for assistance or feedback.