

# Treatment Resistant Depression Program

The Treatment Resistant Depression (TRD) program is a consultation service for patients currently under psychiatric care. We offer comprehensive evaluations for people who have complex and difficult-to-treat mood disorders. The TRD team provides patients with an in-depth psychiatric consultation, which includes:

1. An extensive review of previous medical records
2. A one-time face-to-face evaluation with our team. Treatment recommendations are discussed with the patient and family member
3. A detailed, written summary of the evaluation and treatment recommendations, which is sent to the psychiatrist currently treating the patient
3. Any referrals needed for further assessment and/or treatment

Once the consultation appointment is complete, we schedule the patient for a follow-up phone call with our psychiatrist and social worker to answer any additional questions.

## How to Schedule a One-Time Consultation Appointment

Patients must be working with a physician who is responsible for managing their psychiatric care before and after the one-time consultation with the TRD team in order to schedule an appointment.

**Step 1:** The referring psychiatrist contacts our Patient Care Coordinator at 404-712-TRDC (404-712-8732) to receive a Clinician Referral Form.

**Step 2:** The referring psychiatrist faxes the completed forms to 404-712-7436, Attn: TRD New Patient Intake.

**Step 3:** Our Patient Care Coordinator will call the patient and send him/her the New Patient Packet and Self-Evaluation Scales, which must be received before the appointment.

For questions, please call our Patient Care Coordinator at 404-712-TRDC (404-712-8732).



## Treatment

Patients evaluated in the TRD program may be considered for the following treatments:

- Cognitive behavioral therapy
- Electroconvulsive therapy (ECT)
- Transcranial magnetic stimulation (TMS)
- Off-label trials of medication like ketamine
- Psychotherapy in Adult Intensive Outpatient and Partial Hospitalization Programs

## Research

- Investigational research trials, including immune therapies
- Deep brain stimulation (DBS)

## Insurance

Most major insurances are accepted by the TRD Clinic. Please include copies of insurance cards when making a referral.

## Consultation Team

Our team includes psychiatrists, a psychologist, nurse practitioner, social worker and patient care coordinator.

## EMORY BRAIN HEALTH CENTER

The Emory Brain Health Center provides comprehensive, coordinated, family-centered care for patients with neurological and psychiatric disorders. The Center seeks to prevent brain diseases and transform care through continued innovation and learning, interdisciplinary state-of-the-art research, and partnerships with investigators, patients and their families. Funded in part through generous support from the Robert W. Woodruff Foundation, the center is uniquely positioned to provide a collaborative clinical and research environment, as well as educate the next generation of health professionals.



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